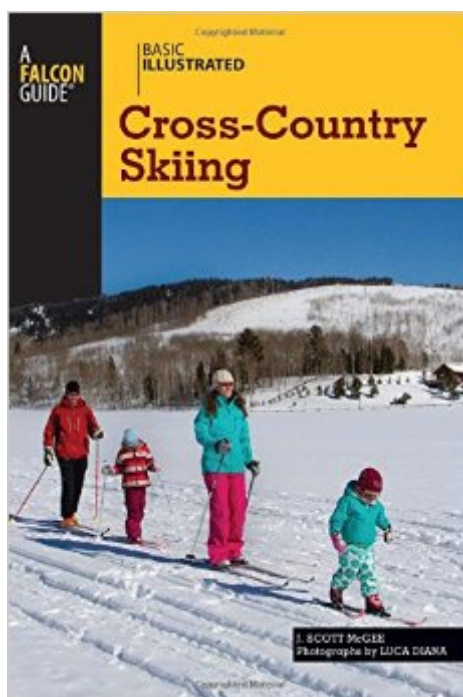


The book was found

Basic Illustrated Cross-Country Skiing (Basic Illustrated Series)



Synopsis

Richly photographed and information-packed tools for the novice or handy reference for the veteran, the BASIC ILLUSTRATED books distill years of knowledge into affordable and visual guides. Whether you're planning a trip or thumbing for facts in the field, the BASIC ILLUSTRATED series shows you what you need to know.

Book Information

Series: Basic Illustrated Series

Paperback: 112 pages

Publisher: Falcon Guides (October 2, 2012)

Language: English

ISBN-10: 0762777648

ISBN-13: 978-0762777648

Product Dimensions: 0.5 x 6 x 8.8 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #449,697 in Books (See Top 100 in Books) #15 in Books > Sports & Outdoors > Outdoor Recreation > Skiing > Cross-Country #377 in Books > Sports & Outdoors > Winter Sports

Customer Reviews

“Cross-Country Skiing” is easy to read and very informative. The book is well-organized and guides beginners and intermediate classic and skate cross-country skiers through techniques and effective drills for cross-country ski skills. I think that the book would also be of real value for ski instructors that look for teaching progressions. The book is well illustrated.

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Superior Region (There & Back Guides) Nordic Notes: Articles on cross-country skiing Trail Atlas of Michigan: Mountain Biking, Hiking, Cross-Country Skiing, and Nature Trails Exploring the Yellowstone Backcountry: A Guide to the Hiking Trails of Yellowstone with Additional Sections on Canoeing, Bicycling, and Cross-Country Skiing (A Sierra Club totebook) Cross-country downhill and other Nordic mountain skiing techniques Backcountry Skiing Utah, 2nd (Backcountry Skiing Series) For the Love of Skiing: A Visual History of Skiing The Physics of Skiing: Skiing at the Triple Point Basic Training of the Young Horse: Dressage, Jumping, Cross-country Winter Trails™ Colorado: The Best Cross-Country Ski And Snowshoe Trails (Winter Trails Series) Winter Trails Michigan: The Best Cross-Country Ski & Snowshoe Trails (Winter Trails Series) Winter Trails™; Colorado, 2nd: The Best Cross-Country Ski and Snowshoe Trails (Winter Trails Series) Cross Words with 4 - 5 letters: Mini Cross Words

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